



# BISON SIZE CHART

## Overalls/Dustcoats

Metric Size	72R	76R	80R	84R	88R	92R	97R	102R	107R	112R	117R	122R	132R	142R
Previous Size	3	4	5	6	7	8	9	10	11	12	13	14	16	18
<b>Chest (cm)</b>	80-84	84-88	88-92	92-96	96-100	100-105	105-110	110-115	115-120	120-125	125-130	130-135	140-145	150-155
<b>Waist (cm)</b>	70-74	74-78	78-82	82-86	86-90	90-95	95-100	100-105	105-110	110-115	115-120	120-125	130-135	140-145
<b>Chest (in)</b>	32-34	34-35	35-37	37-38	38-40	40-42	42-44	44-46	46-48	48-50	50-52	52-54	56-58	60-62
<b>Waist (in)</b>	28-30	30-31	31-33	33-34	34-36	36-38	38-40	40-42	42-44	44-46	46-48	48-50	52-54	56-58

## Men's Singlets, T-Shirts, Polos, Shirts, Vests, Polar Fleece, Jackets, Jerkins

Size	3XS	2XS	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL	7XL	8XL
<b>Chest (cm)</b>	75-80	80-85	85-90	90-95	95-100	100-105	105-112	112-119	119-126	126-133	133-140	140-147	147-154	154-161
<b>Chest (in)</b>	30-32	32-34	34-36	36-38	38-40	40-42	42-45	45-48	48-50	50-53	53-56	56-59	59-62	62-64

## Men's Trousers, Shorts

Size	67	72	77	82	87	92	97	102	107	112	117	122	127	132
<b>Lower Waist (cm)</b>	65-70	70-75	75-80	80-85	85-90	90-95	95-100	100-105	105-110	110-115	115-120	120-125	125-130	130-135
<b>Lower Waist (in)</b>	26-28	28-30	30-32	32-34	34-36	36-38	38-40	40-42	42-44	44-46	46-48	48-50	50-52	52-54

## Rainwear Trousers, Rainwear Bib Trousers, Food Industry Trousers

Size	XS	S	M	L	XL	2XL	3XL	4XL	6XL	8XL
<b>Lower Waist (cm)</b>	75-80	80-85	85-90	90-95	95-100	100-105	105-110	110-115	120-125	130-135
<b>Lower Waist (in)</b>	30-32	32-34	34-36	36-38	38-40	40-42	42-44	44-46	48-50	52-54

## Women's Tops, Jackets

Size	6	8	10	12	14	16	18	20	22	24	26	28
<b>Chest (cm)</b>	80-85	85-90	90-95	95-100	100-105	105-112	112-119	119-126	126-133	133-140	140-147	147-154
<b>Chest (in)</b>	32-34	34-36	36-38	38-40	40-42	42-45	45-48	48-50	50-53	53-56	56-59	59-62

## Women's Trousers, Shorts

Size	6	8	10	12	14	16	18	20	22	24	26
<b>Waist (cm)</b>	70-75	75-80	80-85	85-90	90-95	95-102	102-109	109-116	116-123	123-130	130-137
<b>Hips (cm)</b>	90-95	95-100	100-105	105-110	110-115	115-122	122-129	129-136	136-143	143-150	150-157
<b>Waist (in)</b>	28-30	30-32	32-34	34-36	36-38	38-41	41-44	44-46	46-49	49-52	52-55
<b>Hips (in)</b>	36-38	38-40	40-42	42-44	44-46	46-49	49-52	52-54	54-57	57-60	60-63

## Footwear

<b>Men's NZ/AU/UK Sizes</b>	4	5	6	7	8	8W	9	9W	10	10W	11	11W	12	12W	13	14
<b>Women's Equivalent Sizes</b>	6	7	8	9	10	10	11	11	12	12	13	13	14	14	15	16
<b>Euro Sizes</b>	37	39	40	41	42	42	43	43	44	44	45	45	46	46	47	48
<b>US Sizes</b>	5	6	7	8	9	9	10	10	11	11	12	12	13	13	14	15

**Men's Chest:** Put the tape measure under your arms around the widest part of your chest. Don't hold the tape measure too tight, it should be resting on your chest, not squeezing you like a sausage.

**Men's Waist:** Place the tape measure around the narrowest part of your waist, typically where your body bends side to side. Remember don't hold the tape measure too tight.

**Men's Trouser Waist:** Measure where you like to wear your trousers. Place the tape measure over your underwear at the level your trousers usually sit. Only wear underwear and remember don't hold the tape too tight.

**Women's Chest:** Wearing the type of bra you would normally wear to work, put the tape measure under your arms around the widest part of your chest. Don't hold the tape measure too tight, it should be resting against your chest.

**Women's Waist:** Place the tape measure around the narrowest part of your waist. Remember don't hold the tape measure too tight - it should be touching your skin but not squeezing the life out of you.

**Women's Hips:** Place the tape measure around the widest part of your hips - usually mid bum, you can do this wearing underwear, but not trousers.

**Note: Measurements are body measurements.**