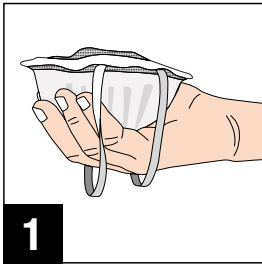


WHICH TYPE OF MASK SHOULD I USE?

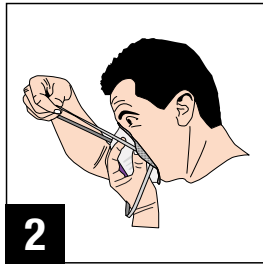
MASK TYPE	DESCRIPTION	WHEN DO YOU USE IT?
Disposable Mask	A disposable respirator is a maintenance free, single shift, single use item. This means that when you put it on and start your shift and then take it off (for example a tea break), the shift is over and the mask should be replaced. The mask can be used for a maximum of an 8 hour shift.	When a maintenance free form of respiratory protection is required or preferred.
Combination Mask	A device combining the filtration capabilities of gas/vapour and particulate filters.	When the filtration of multiple types of substances is required and are likely to be present in the environment in which you will be working.
Half Mask Respirator	A close fitting device to cover the nose, mouth and chin and can be secured in position by suitable means, such as a head strap. These are to be used with the appropriate Filter Cartridges.	When certain gases and vapours are required to be removed from the inhaled air.

HOW TO CORRECTLY FIT A DISPOSABLE MASK



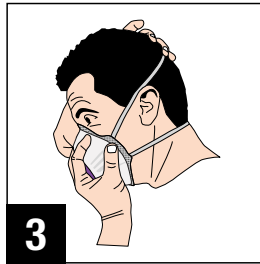
1

Hold respirator in hand with moulded nose contour (narrow end) at fingertips. Allow head-straps to hang below hand.



2

Place respirator against your face with the nose-piece on the bridge of your nose.



3

Place the top strap high on the back of your head. Move the bottom strap over your head and position it below your ears.



4

Use both hands to mould the nose-piece to the shape of your nose for a secure, comfortable fit.



5

Test the fit. Cup both hands over the respirator and exhale strongly. If airflows around your nose, tighten the nose-piece. If air escapes around the edges, reposition the straps for a better fit.